

**SEGO Buddies Presents:**  
**Hug Yourself**  
**Valentine Luncheon**



**Thursday, February 4th, 2010**  
**11:30 am – 2:30 pm**

**980 Johnson Ferry Road**  
**Atlanta, GA 30342**  
**Auditorium**  
**Located on the Ground Floor**

## **How to Love Living Life TODAY**

**Torri L. Griffin, Ph.D., LPC**  
**Love & Relationships Coach and Counselor**

Dr. Torri will help us evaluate our lives and make small but powerful changes that will add purpose to our daily living. As she always says,

“You Can Live Life or You Can LOVE LIVING LIFE...the Choice is Yours.”

Visit [www.LoveLivingLife.com](http://www.LoveLivingLife.com) for more information about Dr. Torri, her programs, her books & CDs.

**Lunch Provided**

**Please R.S.V.P. by Monday, February 1st**

**Katherine Easton, SEGO Social Services Coordinator:**

**678-420-4117**

**Janet Kempe, SEGO Buddies Coordinator**

**678-420-4129**

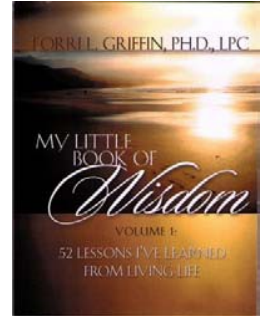
or email [segobuddies@segynonc.com](mailto:segobuddies@segynonc.com)





Dr. Torri L. Griffin, LPC – is the founder and CEO of Love Living Life, TODAY! She is a Love & Relationships Life Coach, Family Therapist, Motivational Speaker and Author who works with individuals, couples and families wherever they are. Dr. Torri helps people evaluate their lives and make choices and changes that add purpose and value to their daily living. Her 20 years of experience in counseling have given her the ability to address needs with wisdom and instinctive understanding.

Hearing Dr. Torri speak will allow you to experience her gentle loving demeanor with which she handles every issue.. She’s taken that wisdom and understanding and compiled them into a book. The first of many, “*My Little Book of Wisdom, Volume 1: 52 Lessons I’ve Learned from Living Life*” has changed lives all over the country. Those who have a copy have a constant friend and source of wisdom nearby.



SEGO Buddies  
980 Johnson Ferry Road NE  
Suite 900  
Atlanta, Georgia 30342-1609



Would you consider donating a hat for our **SEGO Chic Boutique**?  
We are in need of slightly used hats and scarves.  
We will be collecting your donations at the “Hug Yourself Valentine Luncheon”.  
If you are unable to attend, you always can bring your hat donation to your SEGO chemo suite & let them know “it’s for **SEGO Chic Boutique**.  
Thank you!